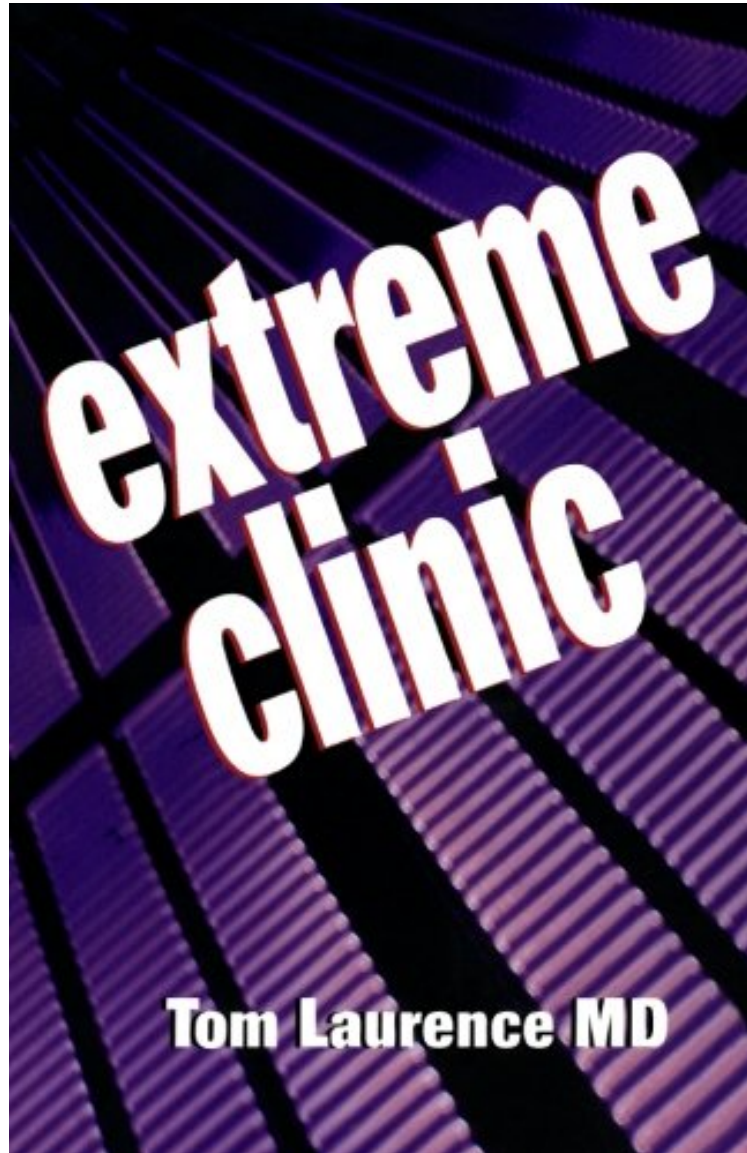


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Thomas N. Laurence MD

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#1424041 in Books Thomas N Laurence 2003-07-23 2003-07-23Original language:EnglishPDF # 1 8.50 x .33 x 5.50l, .45 #File Name: 1560536039200 pagesExtreme Clinic An Outpatient Doctor s Guide to the Perfect 7 Minute Visit | File size: 63.Mb

Thomas N. Laurence MD : Extreme Clinic: An Outpatient Doctor's Guide to the Perfect 7 Minute Visit, 1e before purchasing it in order to gage whether or not it would be worth my time, and all praised Extreme Clinic: An Outpatient Doctor's Guide to the Perfect 7 Minute Visit, 1e:

1 of 1 people found the following review helpful. Extreme Clinic is a brilliant book that should be read by every practicing clinician!By Douglas N. NaversenDr. Laurence has written a classic book for the busy clinician who wishes to impress the patient, provide state-of-the-art care, and optimize the time of the visit at seven minutes or so. Before seeing the patient, he quickly reviews the chart for less than a minute. He then goes into the exam room, cuts to the chase without lots of meaningless small talk, and then wows the patient by bringing up personal facts about the patient's life that only a brilliant, concerned, and very-caring doctor would remember. The doctor then recommends cutting-edge therapy, and the patient feels he has gotten his money's worth out of the visit (even though it was a chronologically-short visit.)As a practicing medical doctor, I have incorporated these tips into my busy dermatology practice. (I have also given a copy of this book to my four dermatology partners.)I would recommend this book to any clinician! I would also recommend "Extreme Clinic" to any patient who wishes to optimize the time of the patient encounter with your physician.Why wasn't this book available in 1973 when I graduated from Ohio State medical school?19 of 20 people found the following review helpful. A doctor's guide to a better practice (and a better life)By Toby CornishSince it is unlikely that the 10 minute visit will go the way of the dodo anytime soon, and so Dr. Tom Laurence, a clinical professor from the University of Illinois College of Medicine, has shared with us his accumulated insight in perfecting the seven-minute visit. Extreme Clinic has something to offer everyone who is practicing or will be practicing outpatient medicine in the future.Before continuing, I must disclose that I received my medical training at the University of Illinois and have therefore had the pleasure of direct interaction with Dr. Laurence on the ward and in the clinic. To say a few words about the author: Dr. Laurence is a man of uncommon wit and wide-ranging talent. As an instructor, he is beloved by medical students and residents for his enthusiastic and entertaining teaching. To watch him interview a patient on teaching rounds is to be treated to a fantastic display that combines the best of showmanship and medical knowledge. When he takes a patient's history for a common complaint such as headache (or cephalgia, if you wish) it becomes something akin to a tightly-scripted, short two-man play -- with an economy of carefully-chosen questions from Dr. Laurence, the story unfolds effortlessly from the mouth of the patient. Extreme Clinic is a wonderful dose of the author's personal style of medicine and faithfully represents real, thoughtful techniques that are ready to be applied to your clinic.If the outpatient clinic training that most medical students and residents receive is plain vanilla, then Extreme Clinic is Ben Jerry's "Everything But The..." flavor. That is, the book contains a lot of great goodies all mixed together, but an individual may prefer some of the ideas it contains while not being so enthusiastic about others. However, nowhere in this book does the author demand adherence to all the advice given -- it is not a magic recipe or mystical system that must be followed verbatim to work. I'm sure that some of the notions advanced could even offend the most sensitive readers, but I am equally sure that few could read the book and not find suggestions that resonate with them and could serve to improve their personal practice. For example, the author's unique perspective on ophthalmoscopic examination as a means of communicating with the patient is almost worth the price of the book alone.The advice presented in the text is organized in a one-topic-per-chapter fashion, covering the topic both generally and specifically. The organization of the chapters and the overall lean nature of the book make for a convenient and quick read. Chapters include gems like "Think Disposition," "Zen Break," "The Set," "The Touch," "The Eye," "Rules and Decisions," "Expand That Normal," "Somatomancers," "Tests Won't Save You," "Compliance," "Preaching," "Your Study," "Atypical Horses," and many others. All chapters focus on real clinical issues and provide solid advice regarding how to be a good, caring, competent doctor without failing as a person, spouse or parent. Dr. Laurence promotes a scenario in which the clumsy, unfocused, overtime outpatient visit is streamlined through an approach that manages all aspects of the encounter from the beginning, middle, end and beyond. It considers diverse aspects such as the waiting room, decor, staff, history, physical, medications, lab tests, and professional reading. In the end both doctor and patient win as the quality of the service provided to the patient increases and the burden on the doctor decreases. Of course, square pegs cannot be pounded into round holes, and the author openly admits that some patients require and deserve more than seven minutes -- the rules in the book will break, but adhering to them where possible is the key to streamlining the day. Difficulties that arise are covered, including compliance, malingering, chronic pain, somatization, zebras and discontinuation. Not every doc may be able to master or become comfortable with all the patient-interaction and management techniques promoted in the text, but the book also covers aspects of mental well-being, professional preparedness, and philosophical concerns in medicine (and life, in case you want one in addition to your career).In closing, Extreme Clinic is thought provoking for those physicians that currently practice in a different manner and potentially liberating for those physicians that always suspected there is a better, more efficient way, but simply need some encouragement and a little tutelage.0 of 0 people found the following review helpful. Four StarsBy msInteresting read with some useful perspective for doctors who have to deal with the clinic setting.

An authority from the front lines of outpatient medicine explains how to take control of a patient's visit, create an agenda for every encounter, and focus immediately and continually on the essence of the patient's illness. Abundant examples of problem-patients, potential disasters, and symptoms enable the reader to make the most of their limited time.Offers hints, tips, and tricks on patient management to facilitate efficient, effective care. Presents non-

conventional techniques such as combining history and physical, remaining close to the patient for the whole visit, artfully interrupting, and planning disposition at outset. Features abundant examples of problem-patients, potential disasters, and symptoms. Provides the technique and strategy needed to revitalize and revamp a medical practice.

About the Author Thomas N. Laurence, M.D., Assistant Professor of Internal Medicine, University of Illinois College of Medicine at Urbana-Champaign, Urbana, Illinois